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Review Article

COMPREHENSIVE REVIEW OF *KRIMIGHNA* DRUGS MENTIONED IN THE AYURVEDIC PHARMACOPOEIA OF INDIA

Kurele Rajeev kumar^{1*}, B Srinivasulu², KS Rohit³, Pawar Gajanan⁴, Sharmavipin⁵, Dhiman KS⁶

*1Manager QC, QA and F&D, Person-in-charge, AYUSH DTL (Govt. Approved Lab.), Indian Medicines Pharmaceutical Corporation Limited, Mohan, Ramnagar, Almora, Uttrakhand, India.

²Reader, Kunwar Shekhar Vijendra Ayurved Medical College and Research Centre, Gangoh, Saharanpur, Uttar Pradesh.

³Research Officer (RO), RARISD (CCRAS, Govt. of India Unit) Ahmedabad, India.

⁴Research Officer (RO), RARI (CCRAS, Govt. of India Unit) Jhansi, India.

⁵Research Officer (RO- SII), Central Council for Research in Ayurvedic Sciences, New Delhi, India.

⁶Director General, Central Council for Research in Ayurvedic Sciences, New Delhi, India.

ABSTRACT

Ayurveda is the science of life having wide description of *Krimighna dravya* in its literature. Ayurvedic pharmacopeia of India published by the Ministry of AYUSH is a monograph of single drugs; which is very popular for all stack holder of Ayush system of medicines. This article details the review of single drugs mentioned in API part I (Vol I to VI) and their screening for *Krimighna* (antimicrobial) properties. Present article also aims for validating classical fact with published scientific research work. Authors searched 54 drugs out of 519 single drugs described in the API & it was found most of Ayurvedic *Krimighnadravya* were recognized for having antimicrobial property which was established through various Preclinical & clinical work carried out by the scientific community. Authors collected data with references to validate API drugs having antimicrobial property. All screened content can be taken for various high-tech research work by various students in MD, PhD or in the various other project of CSIR, DST, EMR project of CCRAS for further development of new drugs and conversion of available drugs to latest dosage form.

KEYWORDS: Ayurveda, Krimighna, Antimicrobial, API (Ayurvedic Pharmacopeia of India).

INTRODUCTION

Science is the intellectual process for using all of the mental and physical resources available. It helps to understand, predict quantify & explain normal as well as bizarre phenomena. Thus the scientific approach to understand anything involves observation, measurement of entities that can be quantified. The theories developed after repeated observations become the fundamentals of any science which are possible only after meticulous research. The therapeutic agents that keep the body fit and increase its capacity to combat disease are termed as drugs. There has been constant research in drug development in order to meet the demands of the present era. An urge to soothe the sufferings, is as old as the urge for the secured life. The oriental thinking found the path to mitigate the sufferings - be it physical, mental or spiritual in the form of science of life, i.e. Ayurveda.

Ayurveda is the world's oldest Indian holistic healthcare system. Ayurveda is a complete medical science with holistic approach. It aims to integrate and balance the body, mind and spirit. Thus, it is the art of living in harmony with nature. The word Ayurveda is derived from the Sanskrit word composed of two basionyms: 'ayur'-life and 'Veda'1- science/ knowledge, it is defined as the science of life and also as knowledge of life.

Concept of *Krimi* **in Ayurveda**²**:** There are some indirect references in Vedas for microbes and infectious diseases in

the name of *Krimi & Krimi Rogas. Krimi* are thought to be the causative factors of a number of diseases. (*Atharvaveda* 2/32/6). These Visible or invisible minute organisms (*Krimi*) that affect on living & non living things of biosphere are described very efficiently in Ayurveda. The *Krimi* is a broad term which includes all types of worms and microbes. Ancient *Acharyas* were well aware regarding the presence of the microorganisms (*Krimi*), that may be pathogenic or non-pathogenic. All *Acharyas* described *Krimi*, with classification, symptoms and treatment.

Krimi

The word *Krimi* is derived from the root word "Kramana"³ which means attacking, overcoming, surpassing. In Ayurveda, *Krimi* itself is considered as disease, which enter the body of immunocompromised individuals who indulges in taking unwholesome food, incompatible food, those who avoid physical exercise and those who sleep during day time and lack of cleanliness which in turn make body physiologically weak and reduces resistance of individuals thus create an environment for the attack of *Krimi*⁴ (microorganism).

Classification of Krimi:^{5,6} Several types of *Krimi* under various headings are described in Ayurvedic literature & Veda. In brief, these *Krimi* can be categorized as follows:

- i) *Drushta* (visible through naked eyes) and *Adrushta Krimi* (invisible through naked eyes).
- ii) Bahya (external) and Abhyantara Krimi (internal).
- iii) Purishaja (faeces), Shleshmaja (phlegm), Malaja (unwholesome environment) and Shonitaja Krimi (blood).

Krimis in relation to other Diseases

Krimis in relation to other Diseases, *Krimi* are not only responsible for the causation of *Krimiroga*, but also liable to cause many diseases as per Ayurveda. *Krimi's* are basically the etiogenic factors for *Krimidanta*, *Nasakrimi*, *Karnakrimi*, and other such diseases. *Krimi* are said as minute and of different shapes and colours. They affect various parts of the body causing abnormalities of that organs and systems. Some of the *Krimi* are visible to the naked eyes while some of them are not visible. Thus they can be considered as macro and micro forms of organisms. Microorganism mentioned in modern literature can be included heading of *Krimi*.

Microbe is a term for tiny creatures that individually are too small to be seen with the unaided eye. Microbes include bacteria, archaea, fungi and protists. Archaea are bacteria-like creatures that have some traits not found in any true bacteria. Protists include primitive algae, amoebas, slime molds and protozoa. Virus are a major type of microbe, responsible for many infections, still in debate as to whether viruses can be considered living creatures or not. Among microorganisms there arevarious forms of organisms like bacteria, fungus, and protozoa⁷.

Types of Bacteria⁸

There are seven main groups of bacteria, distinguished by their shape and the type of cell wall they possess. Four of the seven types make up the majority of all bacteria.

 Gram positive cocci, Gram negative cocci, Gram positive bacilli, Gram negative bacilli. Cocci are spherical cells, bacilli are rod-shaped. Bacteria of either shape that have thick cell walls are termed gram positive because of the way they take up the Gram stain. Those with thin cell walls are termed gram negative.

Types of Fungi⁹

• Basidiomycota, Ascomycota, Neocallimastigomycota, Blastocladiomycota, Glomeromycota, Chytridiomycota, Microsporidia.

Protists include plant like protists which include different algae golden, fire, green, brown, red, phytoplankton and animal like protest include protozoa, sarcodines, flagellates, sarcodines, sporozoans.¹⁰

Viruses are classified according to shape as Helical, isohedral, prolate, envelope. $^{11}\,$

There are various individual herbs mentioned under Ayurvedic literature which work against *Krimi* (microorganisms), and in present era scientific validation of their antimicrobial activity is available through various tests.

General Methodology to assess antimicrobial activity of an herbal drug: Anti microbial studies¹²

1. Diffusion test

2. Dilution test

1) Diffusion test: Diffusion consists of two method i.e. Agar well diffusion, Agar disc diffusion.

a) Agar well diffusion

The Agar diffusion assay is one method for quantifying the ability of antibiotics, to inhibit microbial growth against test drug. A known quantity of microorganism is grown on agar plate. The well is bored with help of borer, standard drug and test drug of desired concentration is poured in well. If the organism are susceptible to a particular antibiotics oral test drug, an area of clearing zone where organism are not capable of growing will be noted i.e. called a zone of inhibition. If the compound is effective against an organism atcertain concentration, no colonies will grow and this is called the zone of inhibition. Ingeneral, larger zones correlate with smaller minimum inhibitory concentration (MIC) of antibiotic for that organism. Inhibition produced by the test is compared with that produced by known concentration of a reference compound.

b) Agar disc diffusion

It is same as the previous method instead of wells, the disc are placed in agar media(both standard and test drug disc) later zone of inhibition is noted. The disc should not beplaced closer than 24 mm in agar plate. Not more than 12 discs should be placed on a 150mm plate. The disc must be pressed down with forceps to ensure complete contact with theagar surface.

2) Dilution method: Here, serial dilution of the drug is prepared and inoculated with the test microbe. In the tube dilution method, serial dilutions of the drug in broth aretaken in tubes and a standardized suspension of the test microbe which is inoculated. Afterovernight incubation, the minimum inhibitory concentration (MIC) is read by noting thelowest concentration of the drug that inhibits growth.

About The Ayurvedic Pharmacopoeia of India (API)¹³

The Ayurvedic Pharmacopoeia of India (API) is an official compendium of standards for the quality of Ayurvedic drug and substances included therein (Drugs and cosmetics' Act 1940). The Part and volume consist of monographs on single drugs of the plant origin, their Pharmacognostical, chemical and their different standardization parameters including pharmacognostical, phytochemical and pharmacological standardization.

This article focus on all *Krimighna* dravya found in different volume of Ayurvedic pharmacopeia, Part I (single drugs), Volume I to VI and find out the drugs having *Krimighna* properties in their Gun dharma (there are 8 vol. of API, Part 1 (single drugs) and 3 Volumes of Part 2 (formulations).

While taking details survey for existing research wok for secondary data available in various web portals; authors found various in vitro & in vivo scientific research study work for its validation. All available details also were summarized in tabular form by the authors. That will definitely help to various stakeholders of AYUSH systems of medicines/research of various filed, academia & industries.

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Medicinal plants mentioned in various P	ART & VOLUMES of API having	<i>Krimighna</i> (anti	microbial properties)
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S.No.	Medicinal Plant Name	Botanical Name	Family Name	<i>Karma</i> (Action)	Ref. given in API (Page No.)	Research Lead			
	API-I, Volume-I2001, I st Edition								
1.	Ajagandha	Gynandropsis Gynandra	Capparidaceae	Krimijit	3	<i>Cleome gynandra</i> Linn extract prepared in four solvents, ethanolic extracts were found to possess highest antimicrobial activity against E.coli, Proteus Aeruginosa. Acetone and chloroform extracts showed moderate inhibitory potency and no inhibitory activity was observed when tested in the aqueous extract ¹⁴ .			
2.	Aragvadha	Cassia Fistula	Leguminosae	Krimighna	9	In the present study, the microbial activity of hydroalcohol and chloroform extracts of flowers of Cassia fistula Linn. (An ethnomedicinal plant) were evaluated for potential antimicrobial activity against medically important bacterial and fungal strains. The tested bacterial strains were S. aureus, S. pyogenes, E. coli, P. aeruginosa, and fungal strains were A. niger, A. clavatus, C. albicans. The antibacterial potential of the extracts were found to be dose dependent ¹⁵ .			
3.	Arka	Calotropis Procera	Asclepiadacae	Krimighna	11	The anti-microbial effect of ethanol, aqueous and chloroform extracts of leaf and latex of <i>Calotropis procera</i> on six bacteria namely, Escherichia coli, <i>Staphylococcus aureus, Staphylococcus albus, Streptococcus pyogenes,</i> <i>Streptococcus pneumoniae</i> and three fungi: <i>Aspergillus niger, Aspergillus flavus, Microsporium boulardii</i> and one yeast <i>Candida albicans</i> were determined using agar well diffusion and paper disk methods. The results revealed that ethanol was the best extractive solvent for antimicrobial properties of leaf and latex ¹⁶ .			
4.	Bibhitika	Terminalia belerica	Combretaceae	Kriminasan	26	The antimicrobial activity of crude and methanol extract of <i>Terminalia</i> <i>bellerica</i> dry fruit was tested by disc diffusion method, against 9 human microbial pathogens. Crude aqueous extract of dry fruit at 4 mg concentration showed zone of inhibition ranging from 15.5-28.0 mm. <i>S. aureus</i> was found to be highly susceptible forming highest zone of inhibition, suggesting that <i>T. bellerica</i> was strongly inhibitory towards this organism ¹⁷ .			
5.	Haridra	Curcuma longa	Zingiberaceae	Krimighna	46	The in vitro antimicrobial activity of different fractions obtained from rhizome of <i>Curcuma longa</i> was investigated against standard strain and clinical isolates of <i>Staphylococcus aureus</i> . The clinical isolates were found more sensitive for different fractions, than the standard strain of S. aureus ¹⁸ .			

6.	Hingu	Ferula foetida	Umbelliferae	Krimighna	50	The aqueous and ethanolic extract of <i>F. assa-foetida L.</i> lacked the inhibitory effect against the growth of <i>S. mutans</i> and <i>S. sanguis</i> bacteria. There was a significant difference among the inhibitory zones created by dissimilar concentrations of <i>Q.</i> <i>infectoria</i> ¹⁹ .
7.	Kampilla	Mallotus Philippinensis	Eukphobiaceae	Krimighna	55	Bioassay of antimicrobial activity of hexane, chloroform and ethanol leaf extract showed significant activity against the human pathogens such as Streptococcus pneumoniae causing brain abscesses, pneumonia and septic arthritis, Proteusvulgaris, Pseudomonas aeruginosa causing urinary tract infections and septicaemia, Salmonellatyphi causing typhoid fever, Vibrio species causing diarrheal infections and the fungus Candida albicans ²⁰ .
8.	Karanja	Pongamia pinnata	Leguminosae	Krimijit	63	MIC of Pongamia pinnata L. leaf extract against Staphylococcus aureus. Comparison of optical density indicates that ethanolic extract is more effective than that of methanolic and aqueous extract ²¹ .
9.	Karvira	Nerium Indicum	Apocynaceae	Krimighna	65	The roots of <i>Nerium oleander</i> yielded a new cardenolide, 12β -hydroxy- 5β - carda- $8,14,16,20(22)$ -tetraenolide. Biological screening of the compound revealed antibacterial and digoxin-like cardiac activities ²² .
10.	Khadir	Acacia catechu	Leguminosae	Krimighna	70	Taxifolin the main constituent of Acacia catechu which possesses antifungal, antiviral, antibacterial, anti-inflammatory and anti-oxidant activity. Efforts were made to explore the antimicrobial activity of the plant material against six known clinical pathogens Escherichia coli, Listeria sp., P. auregenosa, Bacillus sp., and Staphylococcus aureus showed positive results ²³ .
11.	Kulttha	Vigna Unquiculata	Leguminosae	Krimighna	75	The crude plant extracts of vigna unquiculata demonstrated broad spectrum activity against all bacteria. The highest inhibitory zone was observed in leaf methanol extract of <i>A.</i> <i>indica</i> against <i>E. aerogenes</i> and <i>E. coli</i> flower methanol extract of <i>C.</i> <i>angustifolia</i> against <i>B. cereus</i> and leaf acetone extract of <i>G. sylvestre</i> against <i>B. cereus</i> ²⁴ .
12.	Svetajiraka	Cuminum cyminum	Umbelliferae	Krimighna	106	Ethanol extracts of seed of Cyminum cuminum were tested for antimicrobial activity in vitro by the microdilution method. Ethanol extract of seed exhibited antimicrobial activity against biofilm Escherichia coli ²⁵ .

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13.	Upakuncika	Nigella Sativa	Ranunculaceae	Krimighna	119	The Methanolic extract and oil of <i>Nigella sativa</i> were found active against 38 and 35 multi-drug resistant strains respectively. Both the oil and Methanolic extract showed remarkable dose dependant antibacterial activity against the tested strains up to a dilution of 1:50 as evident from the zones of inhibition ²⁶ .
14.	Vidanga	Embelia ribes	Myrsinaceae	Kriminashan	123	Antimicrobial activity of <i>Embelia ribes</i> has been evaluated in vitro by employing different concentrations of seed extract. Among the four different bacteria tested, maximum inhibition zone was observed in Escherichia coli (1.32 cm) followed by <i>Pseudomonas</i> <i>aeruginosa and Bacilus subtilis</i> ²⁷ .
15.	Yavani	Trachyspermum ammi	Umbelliferae	Krimighna	129	Essential oil of <i>Trachyspermum ammi</i> obtained by hydrodistillation for 2.5-3 h using a Clevenger-type apparatus and the minimum inhibitory concentrations were determined to characterize the antimicrobial activities of this essential oil. The results showed E. coli isolates were resistance to 4 of the antibiotics including ceftazidime (50%) cefixime (41.6%), tetracyclin (75%), erythromycin (58.3%) ²⁸ .
	API-I, Volume-II,1	999 IstEdition	-			
1.	Jambu	Syzygium cuminii	Myrtaceae	Krimighna	57	Alcoholic extract of <i>syzigium cuminii</i> show a remarkable activity against gram-negative bacteria and yeasts, including multi-resistant gram-negative strains. the differences in susceptibility patterns observed with the two methods may be explained by the differences in diffusibility of the extract in agar ²⁹ .
2.	Paribhdra	Erythrina indica	Fabaceae	Krimighna	132	Synthesized Ag NPs silver nanao particles using root extract of <i>Erythrina indica</i> showed potent antibacterial activity against Gram positive and Gram negative bacteria and these biologically synthesized nanoparticles were also proved to exhibit excellent cytotoxic effect on breast and lung cancer cell lines ³⁰ .
3.	Sigru	Moringa Oleifera	Moringaceae	Krimighna	156	The antimicrobial activity of petroleum ether, chloroform, ethanol and aqueous extracts of <i>Moringa</i> <i>oleifera</i> leaf against four microorganisms viz., Escherichia coli, <i>Staphylococcus aureus, Klebsiella</i> <i>pneumoniae, Streptococcus</i> <i>pneumoniae.</i> The antimicrobial activity was performed by Kirby- Bauer disc diffusion method. Ethanolic extract showed maximum zone of inhibition against Staphylococcus aureus ³¹ .
4.	Tulasi	Ocimum sanctum	Lamiaceae	Krimighna	166	Broth micro-dilution method determined the minimum inhibitory concentration (MIC) of Toulsi

						essential oil against selected microbial pathogens. The oils, at concentrations of 4.5 and 2.25% completely inhibited the growth of <i>Staphylococcus</i> <i>aureus</i> (including MRSA) and <i>Escherichia coli</i> , while the same concentrations only partly inhibited the growth of <i>Pseudomonas</i> <i>aeruginosa</i> ³² .
5.	Vaca	Acorus calamus	Araceae	Krimighna	169	Rhizomes ethyl acetate and ethanol extracts of <i>acorus calamus</i> exhibited pronounced antibacterial activity against MRSA with diameter zone of inhibition and antifungal activity against <i>Aspergillus niger</i> with diameter zone of inhibition ³³ .
	API-I, Volume-III,2	2001 I st Edition	ſ			
1.	Amra	Mangifera indica	Anacardiaceae	Krimighna	08	The in vitro antimicrobial activities of methanol and ethanol extracts of mango seed against 25 representatives gram positive, gram negative, acid fast bacteria and fungi. In most test strains comparable zones of inhibitions were noted for both methanol and ethanol extract. Candida albicans and <i>Aspergillus niger</i> were both inhibited by the extracts ³⁴ .
2.	Dhattura	Datura metel	Solanaceae	Krimighna	44	Antimicrobial activity of aerial parts of <i>Datura metel</i> L were evaluated against the resistant pathogens belong to aquatic, human and plant origin by preparing extracts of hexane, chloroform and methanol Among all microorganisms studied <i>Erwinia</i> <i>caratovara</i> and <i>Pseudomonas syringae</i> showed the considerable growth inhibition with chloroform and methanolic extracts ³⁵ .
3.	Eranda	Ricinu scommunis	Euphorbiaceae	Krimighna	49	Methanol leaf extracts were found to be more active against Gram positive bacteria (<i>Bacillus subtilis</i> and <i>Staphylococcus aureus</i>) as well as Gram negative bacteria (<i>Pseudomonas aeruginosa</i> and <i>Klebsiella</i> <i>pneumoniae</i>) than ethanol and aqueous leaf extracts. Antifungal activity of methanol and aqueous leaf extracts were also carried out against selected fungal strains as <i>Aspergillus</i> <i>fumigatus</i> and <i>Aspergillus flavus</i> . Methanolic as well as aqueous leaf extracts of <i>Ricinus communis</i> were effective in inhibiting the fungal growth ³⁶ .
4.	Indravaruni	Citrullus colocynthis	Apocynaceae	Krimighna	66	<i>Citrullus colocynthis</i> showed broad spectrum antimicrobial activity against 16 clinical microorganisms isolated from HIV positive patients, including bacteria Viz., Bacillus subtilis, Escherichia coli, Klebseilla pneumoniae, Proteus mirabilis, Proteus vulgaris, Staphylococcus aureus, Streptococcus faecalis, Streptococcus pyogenes, Salmonella

						typhi and Vibrio cholerae; and six fungal strains Aspergillus flavus, Aspergillus fumigatus, Candida albicans, Mucor sp., Penicillium sp. and Rhizopus sp ³⁷ .
5.	Kamala	Nelumbo nucifera	Nymphaeaceae	Krimighna	82	<i>Nelumbo nucifera</i> leaf extracts were prepared using different solvents (hexane, acetone and methanol) and evaluated for antioxidant and antimicrobial activity. DPPH free radical scavenging activity was high in methanolic leaf extract of <i>N. nucifera</i> compared to other extracts ³⁸ .
6.	Lasuna	Allium Sativum	Liliaceae	Jantunasnam	109	The methanol and aqueous suspensions of the dried <i>Allium sativum</i> (Liliaceae) bulbs extract was screened for its antimicrobial activity using the agar-well diffusion method. It is tested against Gram-positive bacteria (Staphylococcus aureus). All suspensions showed an inhibitory effect against tested bacteria ³⁹ .
7.	Manjistha	Rubia cordifolia	Rubiaceae	Krimighna	113	<i>Rubia cordifolia</i> root methanol extract showed antibacterial activity against all the three Gram-positive bacteria used in this study and four Gram- negative bacteria and showed antifungal activity against Candida albicans. Interestingly <i>R. cordifolia</i> root methanol extract showed activity against 3 out of 4 bacteria which showed resistance to all antibiotics used in this study ⁴⁰ .
8.	Marica	Piper nigrum	Piperaceae	Jantunasnam	115	Piperine was evaluated for its antimicrobial activity against Staphylococcus aureus, Bacillus subtilis, Pseudomonas aeruginosa, Escherichia coli, Alternaria alternata, Aspergillus niger, Aspergillus flavus and Fusarium oxysporum. The antibacterial activity was measured by agar well diffusion method and antifungal activity by poisoned food technique. Piperine showed antimicrobial activity against all tested bacteria Piperine showed maximum antifungal activity towards Fusarium oxysporum and very least effect against Aspergillus niger ⁴¹ .
9.	Nagarmotha	Cyperus rotundus	Cyperaceae	Krimighna	129	The powdered rhizome extracts of <i>cyperus rotundus</i> were successively extracted with petroleum ether, chloroform, ethanol and water using Soxhlet apparatus. The antibacterial and antifungal activities were performed by both agar well diffusion and serial dilution methods. The ethanolic extract was found to exhibit highest activity against tested bacteria. However all extracts were ineffective against fungal strains ⁴² .
10.	Nichula	Barringtonia Acutangula	Lecythidaceae	Krimighna	136	In vitro antibacterial activity of aqueous, ethanolic, petroleum ether and chloroform extracts against <i>Staphylococcus aureus, Pseudomonas</i>

						<i>aeruginosa, Klebsiella pneumoniae,</i> <i>Enterococcus faecalis</i> and <i>Escherichia</i> <i>coli</i> the major urinary tract infection causing pathogens were tested by disc diffusion assay method and the minimum inhibitory concentration was evaluated. Ethanol (95%) extract exhibited broader spectrum of inhibition followed by chloroform, petroleum ether and aqueous extracts against the urinary tract pathogens under test ⁴³ .
11.	Nili	Indigofera Tinctoria	Fabaceae	Jantunasnam	138	Time kill assay were analyzed for methanol extract of I.tinctoria and it showed bacteriostatic and nonmutagenic activity up to 5 mg per plate in Ames test both in the presence and absence of S9 fraction ⁴⁴ .
12.	Parapunnada	Cassia Tora	Fabaceae	Krimighna	153	Methanol and aqueous extracts showed significant antimicrobial activity against most of the tested microbes. The most susceptible microorganism was P. aeruginosa (19 mm zone of inhibition in aqueous extract) followed by Candida albicans ⁴⁵ .
13.	Sthauneya	Taxus Baccata	Taxaceae	Jantunasnam	203	The ethanolic extract of <i>Taxus</i> baccata heartwood showed significant activity against selected gramnegative bacteria and against five out of nine tested fungi ⁴⁶ .
14.	Svetachandan	Santalum album	Santalaceae	Krimighna	207	Antibacterial activity of Santalum album was performed with methanol solubility against various human pathogens viz. Bacillus subtilis (B.subtilis), Escherichia coli (E.coli), Staphylococcus aurous (S.aurous) and Pseudomonas aeuroginosia (P.aeuroginosia). The plant extracts showed better inhibitory activity against the tested organisms ⁴⁷ .
15.	Tala	Borassus Flabellifera	Araceae	Krimighna	211	The ethanolic extract of <i>Borassus</i> <i>Flabellifer</i> results showed that Bacillus anthracis was the most sensitive species, while Escherichia coli and Proteus mirabilis were more resistant than others. In the case of the methanolic extract, <i>Bordetella</i> <i>bronchiseptica</i> was the most sensitive and Proteus mirabilis and Arcanobacterium pyogenes were the most resistant species ⁴⁸ .
	API-I, Volume-IV I	First Edition Year 2	004			· · · · ·
1.	Kumkuma	Crocus sativus	Iridaceae	Jantunasnam	52	Antimicrobial activity of different parts of <i>Croccus sativus L</i> , extracted by various solvents, were tested against different bacteria (<i>Microccucos luteus</i> , <i>Staphylococcus aureus</i> and <i>E. coli</i>) and fungi (<i>Candida albicans, Aspergillus niger</i> and <i>Cladospourium sp</i>) by cup plate diffusion method. The results obtained show strong activity of the ethyl acetate extract of various plant parts of the plant (except leaves)

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						against bacteria and fungi used as test organisms ⁴⁹ .
2.	Rudraksa (seed)	Elaeocarpus Sphaericus	Elaeocarpaceae	Krimighna	104	Antibacterial activity of (PE), (BE), (CE), (AE) and (EE) extracts of dried <i>Elaeocarpus sphaericus</i> fruit was investigated against 28 gram-positive and gram-negative bacteria using the disc diffusion and plate dilution methods. The AE fraction showed marked antimicrobial activity against ten organisms. BE was active against Salmonella <i>typhimurium and</i> <i>Morganella morganii</i> , and EE against <i>Plesiomonas shigelloides, Shigella</i> <i>flexnerii</i> and <i>Sh. Sonneii</i> ⁵⁰ .
	API-I, Volume-V F	irst Edition Year 20	006	-	1	
1.	Anisoon	Pimpinella Anisum	Apiaceae	Krimighna	03	The extracts of <i>Pimpinella anisum</i> were tested in vitro against 4 bacterial species by the disc diffusion method. Staphylococcus aureus, Streptococcus pyogenes, Escherchia coli and Klebsiella Pneumoniae were used in this investigation. Only aqueous and 50% (v/v) methanol extract exhibited fair antibacterial activity against all the test bacteria ⁵¹ .
2.	Kakajangha (seed)	Peristrophe Bicalyculata	Acanthaceae	Krimighna	56	The results of the phytochemical screening revealed the presence of various secondary metabolites like steroids, alkaloids, phenols, flavonoids, saponins and tannins. Ethanolic extract of P. bicalyculata was most effective against E. coli, B. cereus and S. typhi. Highest zone of inhibition was observed against E. coli ⁵² .
3.	Kebuka	Costus Speciosus	Zingiberaceae	Krimighna	74	The in vitro antibacterial activity was performed against a few pathogens showing positive results viz. E. coli, Staphylococcus aureus, Klebsiella pnuemoniae and Pseudomonas aeruginosa ⁵³ .
4.	Nimba	Azadirachta indica	Meliaceae	Krimighna	122	Antimicrobial activity in alcoholic extracts of <i>Neem</i> (Azadirachta indica) against E.coli, Staphylococcus aureus, Pseudomonas aeruginosa, Salmonella typhimurium, Bacillus pumilus. When compared with gentamycin 200mg and gentamycin 10mg, the methanol and ethanol extract shows maximum inhibition on Bacillus pumillus, Pseudomonas aeruginosa and Staphylococcus aureus in an asending order ⁵⁴ .
5.	Asmabhadhah	Aerva Lanata	Amaranthaceae	Krimighna	132	The Antibacterial testing of stem extract <i>Aerva Lanata</i> was evaluated by Agar well diffusion method using gram positive bacteria like <i>Staphylococus aureus, Bacillus</i> <i>subtilius, gram negative bacteria like</i> <i>Escherichia coli, Klebseilia</i> <i>pneumoniae.</i> Ethyl acetate, Ethanol extracts of stem showed significant antibacterial activity compared with standard drug ⁵⁵ .

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6.	Putikaranj	Caesalpinia Crista	Caesalpiniaceae	Krimighna	152	In vitro anthelmintic activity of crude aqueous methanolic extract of plants was determined using mature Haemonchus contortus and their eggs in adult motility assay and egg hatch test, respectively. In vivo, sheep was naturally infected with mixed species of gastrointestinal nematodes by administering crude powder(CP) and mehanolic extract in increasing doses. These data shows both <i>Caesalpinia</i> <i>crista</i> and <i>Chenopodium album</i> possess anthelmintic activity in vitro and in vivo ⁵⁶ .
7.	Vanayajiraka	Centratherum Anthelminticum	Asteraceae	Jantunasnam	191	The growth of E-coli, Pseudomonas aerugenosa the gram-negative bacteria and Fungus, have been inhibited by the chloroform extracts of the seeds of the Centratherum anthelminticum the extracts did not prevent the growth of the other test organism ⁵⁷ .
	API-I, Volume-VI	First Edition Year 2	009	I		
1.	Asthisrnkhala	Cissus Quadrangularis	Vitaceae	Krimighna	09	The in vitro antibacterial activity of different extracts of <i>Cissus quadrangularis</i> Linn (Vitaceae) against some Gram-negative and Gram-positive bacteria, were investigated. The methanol and ethyl acetate extract showed high activity against the bacteria tested ⁵⁸ .
2.	Bhutakesi	Selimum Vaginatum	Apisceae	Krimi <mark>ghn</mark> a	12	Not available
3.	Dvipantara- damanka	Artemisia Ansinthium	Asteraceae January Jap	Krimighna	39	In this study the aggregate bactericide effect of four species (<i>Artemisia</i> <i>absinthium</i> L., <i>A. vulgaris</i> L., <i>Chrysanthemum leucanthemum</i> L. and <i>Achillea millefolium</i> L.) was screened using the <i>Vibrio fischeri</i> bioluminescence inhibition bioassay. The two <i>Artemisia</i> species which have well-established use as antibacterial, exerted the highest toxicity ⁵⁹ .
4.	Haritamanjari	Acalypha Indica	Euphorbiaceae	Krimighna	63	Antimicrobial activity of <i>Acalypha</i> <i>indica</i> was studied using different solvent like acetone and aqueous against bacterial strains like Staphylococcus aureus, Bacillus subtilis, Escherichia coli and Klebsiella sp. The acetone extract of <i>Acalypha</i> <i>indica</i> showed the maximum zone of inhibition against Staphylococcus aureus and Bacillus subtilis, minimum inhibition of Escherichia coli and Klebsiella sp ⁶⁰ .
5.	Kitamari	Aristolochia Bracteolata	Aristolochiaceae	Krimighna	88	Plant parts of Aristolochia bracteata Retz. were extracted with methanol, butanol, petroleum ether and aqueous extracts and tested against bacterial isolates isolated from clinical samples viz. Staphylococcus aureus, Escherichia coli, Pseudomonas aeruginosa. The crude extracts showed significant broad spectrum antibacterial activity. Among four

		1	0	0		
						extracts assessed, methanol extract was found to have highest antibacterial activity followed by butanol extracts against certain bacterial isolates ⁶¹ .
6.	Sala	Shorea Robusta	Dipterocarpaceae	Krimighna	137	Three solvent used for preparation of resin (Methanol, Ethanol and Toluene), methanol extraction of shorea showed highest response in term of sensitivity (high zone inhibition), while the least sensitivity was observed with toluene extract ⁶² .
7.	Sami	Prosopis Cineraria	Leguminosae	Krimighna	142	Three parts of the plant <i>Prosopis cineraria</i> showed the inhibitory zone against the microorganisms. The highest zone of inhibition was showed by P. cineraria pods against <i>P. funiculosum</i> and by P. cineraria leaves against <i>S. griseus</i> ⁶³ .
8.	Slesmataka	Cordia Dichotoma	Boraginaceae	Krimighna	154	The antifungal activity of the extracts was carried out against three common pathogenic fungi (<i>Aspergillus niger</i> , <i>A.clavatus</i> , and <i>Candida albicans</i>). Zone of inhibition of extracts was compared with that of different standards like Amplicilline, Ciprofloxacin, Norfloxacin and Chloramphenicol for antibacterial activity and Nystain and Greseofulvin for antifungal activity. The extracts showed remarkable inhibition of zone of bacterial growth and fungal growth ⁶⁴ .
9.	Valukasaka	Gisekia Pharnaceoides	Aizoaceae	Krimighna	187	Chloroform, ethanol and aqueous extracts of leaves were evaluated against two Gram positive (<i>Staphylococcus aureus</i> , <i>Staphylococcus epidermidis</i>), two Gram negative (<i>Escherichia coli</i> , <i>Klebsiella pneumoniae</i>) bacterial strains and two fungal strains (<i>Aspergillus niger</i> , <i>Aspergillus</i> <i>fumigatus</i>) by agar disc diffusion method. Aqueous extract exhibited significant activity against the test organisms than the other two extracts ⁶⁵ .
10.	Sarsapa Taila	Brassica Campestris	Brassicaceae	Krimighna	220	The susceptibility of six microorganisms covering gram positive bacteria, gram negative bacteria and two fungi to the extracts and fractions of <i>Brassica Campestris</i> was measured using cut plug method and the results compared with standard antibiotic gentamycin and the standard antifungal fluconazole. All the tested fractions and crude extracts revealed positive inhibitory effects against <i>Candida albicans</i> , <i>Pseudomonas aeruginosa and Bacillus</i> <i>subtilis</i> . Light petroleum fraction of roots showed somewhat strong antifungal activity against Candida albicans ⁶⁶ .

CONCLUSION

The Main Objective of this review work conducted by authors To Compile the scattered references and to bring all medicinal plants having Kriminghna properties mentioned In Ayurvedic Pharmacopoeia Of India under one heading along with its secondary data available in the form of articles showing antimicrobial activity performed by taking extracts from herbs mentioned and analyzed by various methods through invitro and invivo analysis of individual herbs mentioned in the API. The compiled data will help upcoming research scholars, students, scientists and various stake holders in formulating combined neo formulations incorporating the single drugs mentioned having proven Krimighna activities by using methodology shown in the research leads. Scientific validation of neo formulation can be conducted by adopting the methods mentioned in the secondary data compiled and shown in research leads by the authors. The data compiled will help for analysis of the individual herbs having Krimighna properties and help for isolating the similar chemical constituents and active principles having antimicrobial property which in turn will contribute the Avurvedic drug industry vastly.

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*Address for correspondence Dr. Rajeev Kurele Manager- QC, QA and F&D Person-In-charge, AYUSH DTL (Govt. approved Lab), Indian Medicines Pharmaceutical Corporation Limited (A Govt. Of India Enterprise under ministry of AYUSH), Mohan, Ramnagar), Almora, Uttrakhand, India. Email: <u>dr.rajeevimpcl@gmail.com</u> Mobile No. +917088567888

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