



ISSN: 2322-0902 (PRINT)

ISSN: 2322-0910 (ONLINE)

International Journal of Ayurveda and Pharma Research

<https://ijapr.in>

Certificate Of Publication

Is hereby awarding this certificate to

RASHMI ANAND A, SAKTHIPRIYA V, SUBASH CHANDRAN G

In recognition of the publication of the Research Article entitled

“DIETARY AND LIFESTYLE PATTERNS (UNAVU MATRUM VAZHIVIAL MURAIGAL) AMONG INFORMATION TECHNOLOGY PROFESSIONALS IN TIRUNELVELI DISTRICT: A CROSS-SECTIONAL STUDY”

Published in International Journal of Ayurveda and Pharma Research

VOLUME 14, ISSUE 6: JUNE 2026

**EDITOR-IN-CHIEF
IJAPR JOURNAL**

**PUBLICATION MANAGER
MAHADEV PUBLICATIONS**

Address: Dr. B. Srinivasulu C/O: Bhavani Collections, Near Chevella Bus Stop, Moinabad, R.R.Dist., Pin code: 501504, Telangana. Ph: 09703393005, 09347000599