



International Journal of Ayurveda and Pharma Research

https://ijapr.in

Certificate Of Publication

Is hereby awarding this certificate to

ANISHA A

In recognition of the publication of the Review Article entitled

"YOGASANAS IN SPASMODIC DYSMENORRHOEA W.S.R TO UDAVARTHA YONIVYAPATH"

Published in International Journal of Ayurveda and Pharma Research

VOLUME 10, ISSUE 12: DECEMBER 2022

B. Snu

EDITOR-IN-CHIEF IJAPR

V. Asserts.

Publication Manager Mahadev Publications