Review Article/Research Article/Case Study etc.

PAPER TITLE (12 Bold UPPERCASE)

First Author[1], Second Author[2] (11 Capitalize each word)

The Corresponding author of the manuscript must be marked with an asterisk (*)

*[1](designation, Department, College Name, State and Country Name, email, phone number) (11 Capitalize each word)

[2](designation, Department, College Name, State and Country Name, email, phone number) (11 Capitalize each word)

General instructions : Ayurvedic termes must be *italic* and sentences case and if necessary add English equalents in closed brackets. Ex. *Shodhana* (purification)

ABSTRACT (10 Bold UPPERCASE)

The abstract should summarize the content of the paper. Try to keep the abstract below 200 words. Do not make references nor display equations in the abstract. The journal will be printed from the same-sized copy prepared by you. Your manuscript should be printed on A4 paper (21.0 cm x 29.7 cm). It is imperative that the margins and style described below be adhered to carefully. This will enable us to keep uniformity in the final printed copies of the Journal. Please keep in mind that the manuscript you prepare will be photographed and printed as it is received. Readability of copy is of paramount importance. (10 no bold)

KEYWORDS: (10 Bold UPPERCASE) About five to six key words in alphabetical order, separated by comma (10 no bold)

Running title:

INTRODUCTION (10 BOLD UPPERCASE)

Introduction should include background of the subject, earlier works carried out, signify the relationship with the proposed work and aims and objectives of this study. (10 no bold)

MATERIALS AND METHODS (10 Bold UPPERCASE)

It should be complete enough to allow experiments to be reproduced. All the procedures should be described in detail. For example, diagnostic methods, description of the eligibility of the inclusion and exclusion criteria, methods adopted for the study along with the references to the established method, dosage, route of administration should be mentioned in detail. (10 no bold)

In **Subheading**s must be in sentence case with **10points and bold**.

RESULTS AND DISCUSSION (10 Bold UPPERCASE)

The observations of the study must illustrate with figures or tables wherever necessary. The research with appropriate statistical analysis described in the methods section should be self explanatory. (01 no bold)

TABLES: Tables must be insert within the text.

Table 1: Observations during the Gandhaka Sodhana Process

S.No	Parameters	Expt-1 (3-11-2006)	Expt-2 (21-02-2007)	Expt-3 (18 -01-2008)
1.	Initial wt. of Gandhaka	500 g.	500 g.	500 g.

2.	Cow's Milk	2 litres	2 litres	2 litres
3.	Cow's Ghee	150 g.	150 g.	150 g.
4.	No. of Upalas	30	25	25
5.	Time taken to burn of Upalas	40 mints	35 mints	35 mints

CONCLUSION (10 Bold UPPERCASE)

The major findings of the work highlighting its importance, relevance and their usefulness of the study shall summarized. The conclusions of this study must discuss a short summary and further scope in the field should describe in this context. (10 no bold)

REFERENCES (10 Bold UPPERCASE)

References should be in Vancouver style and numbered consecutively in the order in which they are first mentioned in the text. Cite the references in the text by the appropriate number with superscript e.g. [1], [2, 3], [4-6], [7, 8-10]] and the numbers should be within square brackets. References cited only in tables or figure legends should be numbered in accordance with the sequence established by the first identification in the text of the particular table or figure. Avoid using abstracts as references and do not cite any references in conclusion section. (10 no bold)

FIGURES (10 BOLD UPPERCASE)

Figures must be on separate pages in JPEG format but not inserted within the text or separate page after reference section and bear a brief title in lower case bold face letters below the figure. Photographs, drawings, diagrams and charts are to be numbered in one consecutive series of the numerals in the order in which they are cited in the text and abbreviated as Fig. 1, Fig. 2 etc., Photos or drawings must have a good contrast of dark and light. Legends of figures should be brief, but complete and self- explanatory so that the reader can easily understand the results presented in the figure. (10 no bold)

References Examples follow:

Journal Papers:

1. M Ozaki, Y. Adachi, Y. Iwahori, and N. Ishii, Application of fuzzy theory to writer recognition of Chinese characters, *International Journal of Modelling and Simulation, 18(2),* 1998, 112-116. (10)

Note that the journal title, volume number and issue number are set in italics.

Books:

1. R.E. Moore, *Interval analysis* (Englewood Cliffs, NJ: Prentice-Hall, 1966). (10)

Note that the title of the book is in lower case letters and italicized. There is no comma following the title. Place of publication and publisher are given.

Chapters in Books:

1. P.O. Bishop, Neurophysiology of binocular vision, in J.Houseman (Ed.), *Handbook of physiology,* 4 (New York: Springer-Verlag, 1970) 342-366. (10)

Note that the place of publication, publisher, and year of publication are enclosed in brackets. Editor of book is listed before book title.

Theses:

1. D.S. Chan, *Theory and implementation of multidimensional discrete systems for signal processing*, doctoral diss., Massachusetts Institute of Technology, Cambridge, MA, 1978. (10)

Note that thesis title is set in italics and the university that granted the degree is listed along with location information

Proceedings Papers:

1. W.J. Book, Modelling design and control of flexible manipulator arms: A tutorial review, *Proc. 29th IEEE Conf. on Decision and Control*, San Francisco, CA, 1990, 500-506 (10)