



# International Journal of Ayurveda and Pharma Research

## ABOUT THE JOURNAL

**International Journal of Ayurveda and Pharma Research (IJAPR)** is an international peer reviewed Monthly open access Online and Print journal. The aim of the journal is to increase the impact of research in both academic and industry, with strong emphasis on quality and originality. The journal promotes to publish the articles in the field of **Ayurveda, Siddha, Yoga, Naturopathy, Unani, Homeopathy** and **Allopathy** systems of medicine and all forms of traditional medicines and Pharmaceutical Sciences.

### Researchers may submit the following manuscripts

- (A). Original Research Articles
- (B). Review articles
- (C). Book Reviews
- (D). Short Communications/ Research Letter
- (E). Case Report
- (F). Letter to the Editor/Correspondence

### Scope of the journal

#### Ayurveda

Research articles on below the subjects using current scientific knowledge viz. Ethnobotany, Phytochemistry, Drug Standardization, Quality control, Good Laboratory Practices (GLP), Pharmacology, Preclinical research, Clinical research, Good Clinical Practices (GCP), Pharmacovigilance. Studies on Literary, Basic and Fundamental research, Preventive and Promotive Healthcare, Local Health Traditions etc., which provide the leads to the original research, are also acceptable.

1. Ayurved Samhita & Siddhanta (Ayurvedic Compendia & Basic Principles)
2. Rachana Sharir (Anatomy)
3. Kriya sharir (Physiology)
4. Dravyaguna Vigyan (Materia Medica & Pharmacology)
5. Rasashastra (Ayurvedic Metals & Minerals/Iatrochemistry)
6. Bhaishajya Kalpana (Pharmaceuticals Science)
7. Agadtantra & Vidhi Vaidyaka (Toxicology & Forensic Medicine)
8. Svasthavritta (Preventive Social Medicine & Yoga)
9. Roganidana & Vikriti Vigyan (Pathology & Diagnostic Procedure)
10. Kayachikitsa (General Medicine)
11. Manovigyan & Manasroga (Psychiatry)
12. Rasayan & Vajikaran (Rejuvenation & Aphrodisia)
13. Panchakarma (Five Bio-cleansing Procedures)
14. Prasuti & Stri Roga (Gynecology & Obstetrics)
15. Kaumarbharitya-Balaroga (Pediatrics)
16. Shalyatantra (General Surgery)
17. Shalakyatantra (Otorhinolaryngology/ENT & Ophthalmology)

#### Pharmaceutical Sciences

Further, this journal broadly includes the various fields of Pharmaceutical studies on Herbal/Natural products in the area of

1. Pharmacology & Toxicology
2. Pharmacognosy
3. Phytochemistry
4. Quality control & Quality Assurance
5. Pharmaceutical Chemistry
6. Drug delivery systems
7. Pharmaceutical analysis
8. Herbal/Ayurvedic Pharmacy practice
9. Bioinformatics
10. Pharmaceutical biosciences

#### Other System of Medicines:

Studies related to **Siddha, Yoga, Naturopathy, Unani, Homeopathy, Physiotherapy** and **Allopathy** systems.

## **AUTHOR GUIDELINES**

### **General Instructions**

The manuscript must be prepared in Microsoft Word or Open Office file format in A4 size page with margin 2 cm on all sides, single-spaced throughout, including tables, graphs and figures. Title should be font size of 14, bold face capitals. All section titles in the manuscript shall be in font size 12, bold face capitals. Subtitles in each section shall be in font size 12, bold face lower case. Tables must be inserted at the appropriate place in the article. Figures must be in separate pages in JPEG format.

### **Language and Grammar**

The article must be in English language and free from grammatical mistakes. Ayurvedic terms are to be made *italics* and the relevant English meaning of the Ayurvedic terms should be given in the bracket.

### **Preparation of Manuscripts**

**(A). Original Research Articles:** Original Research papers should present new experimental studies in elaborate form that constitute a significant contribution to knowledge. A research paper should be arranged into the following sequence.

1. TITLE PAGE
2. ABSTRACT
3. KEYWORDS
4. INTRODUCTION
5. MATERIALS AND METHODS
6. RESULTS AND DISCUSSION
7. CONCLUSION
8. ACKNOWLEDGEMENT (if any)
9. REFERENCES

**TITLE:** All manuscripts should start with a title page. The title should be as short as possible on the first page, which provides precise information about the contents, followed by names of author (s), affiliations (s) and institutional addresses.

**AUTHOR NAMES:** All author names must provide their full name (surnames first) and mentioned below the title. Designations of the authors with full contact details like address, phone number and email to be mentioned. The Corresponding author of the manuscript must be marked with an asterisk (\*) and should be listed first. In addition, the corresponding author must indicate his or her complete mailing address, phone number, fax number and email address at the lower left of the title page.

**ABSTRACT:** Abstract should not be more than 250 words and be informative, completely self-explanatory, briefly present the topic, state the scope of the experiments, indicate significant data, important observations and conclusion. Standard nomenclature should use; abbreviations and references should be avoided.

**KEYWORDS:** All the manuscripts should include keywords. Keywords reflecting the major features of the work should be inserted about four to six. These keywords will be used for the indexing purpose.

**INTRODUCTION:** Introduction should include background of the subject, earlier works carried out, signify the relationship with the proposed work and aims and objectives of this study.

**MATERIALS AND METHODS:** It should be complete enough to allow experiments to be reproduced. All the procedures should be described in detail. For example, diagnostic methods, description of the eligibility of the inclusion and exclusion criteria, methods adopted for the study along with the references to the established method, dosage, route of administration should be mentioned in detail.

**RESULTS AND DISCUSSION:** The observations of the study must illustrate with figures or tables wherever necessary. The research with appropriate statistical analysis described in the methods section should be self explanatory.

**CONCLUSION:** The major findings of the work highlighting its importance, relevance and their usefulness of the study shall summarized. The conclusions of this study must discuss a short summary and further scope in the field should describe in this context.

**ACKNOWLEDGEMENTS:** All acknowledgments be typed in one paragraph directly preceding the reference section and may include supporting grants, presentations, and so forth.

**REFERENCES:** References should be in Vancouver style and numbered consecutively in the order in which they are first mentioned in the text. Cite the references in the text by the appropriate number with superscript e.g. [1], [2,3], [4-6], [7,8-10] and the numbers should be within square brackets. References cited only in tables or figure legends should be numbered in accordance with the sequence established by the first identification in the text of the particular table or figure. Avoid using abstracts as references and do not cite any references in discussion and conclusion section.

**The commonly cited types of references are shown here:**

### **Journals**

**Format: Authors. Article title. Journal title. Date of publication; Volume (Issue): Page no**

#### **Example:**

Srinivasulu Bandari, Bhadra Dev P, Murthy P H C. Clinical Evaluation of Panchavakra Ras in the Management of Amavata (Rheumatoid Arthritis). International Journal of Ayurvedic Medicine. 2012; 3(1): 22-39.

Parija S.C, Sambhasiva Rao R, Stool Culture as a Diagnostic Aid in the Detection of Entamoeba histolytica in the Faecal Specimens. Indian J. Pathol. Microbiol. October,1995; 38(4): 359-363.

### **Books and Other Monographs**

**Format: Author. Title. Edition. Place of Publication; Publisher; Date of Publication. Page no**

#### **Example:**

Mukhopadhyaya GN. The Surgical Instruments of the Hindus. Vol. - 2. Calcutta; Calcutta University Press; 1913. p. 225-230.

Singjhal GD. Susrutasamhita Vol. II (Sarira,Cikitsa, and Kalpasthana). Delhi; Chaukhamba Sanskrit Pratishtahan; 2007. p. 429.

Sharma RK, Bhagwan Dash. Caraka Samhita (Eng. Translation) Vol. III (Chikitsasthana Chp. I-IV). Varanasi; Chaukhamba Sanskrit Series Office; p. 3-4.

### **From Websites**

#### **Example:**

Hypertension, Dialysis & Clinical Nephrology [homepage on the Internet]. Hinsdale (IL): Medtext, Inc.; c1995-2001 [cited 2001 Mar 8]. Available from: <http://www.medtext.com/hdcn.htm>

### **Tables**

Tables should be typed in MS word table format (with rows and columns visible) and be numbered consecutively in numerals and bear a brief title in capital letters normal face and must cited in within the text. Abbreviations should be defined as footnotes in italics at the bottom of each table. Please do not duplicate material that is already presented in the tables.

### **Figures**

Figures must be on separate pages in JPEG format but not inserted within the text and bear a brief title in lower case bold face letters below the figure. Photographs, drawings, diagrams and charts are to be numbered in one consecutive series of the numerals in the order in which they are cited in the text and abbreviated as Fig. 1, Fig. 2 etc., Photos or drawings must have a good contrast of dark and light. Legends of figures should be brief, but complete and self-explanatory so that the reader can easily understand the results presented in the figure.

**(B). Review Articles:** Reviews are systemic critical assessments of literature and data sources in a particular field. Usually, reviews are invited from researchers with considerable experience in the field concerned. The purpose of these manuscripts is to discuss in detail the existing state of knowledge, critical analysis of different opinions, and up-to-date developments on the subject of current interest.

**(C). Book Reviews:** Introduction, Author's recognition, Subject matter of book at a glance, Analysis of particular methodologies and techniques mentioned in the book, Chapter Discussion, Indices, Practical aspects, Demerits of the text, Conclusion.

**(D). Short Communication/ Research Letter:** Original research work that does not fulfill the criteria for a full length research paper can be published as a short communication or research letter.

**For short communication:** Prepare the manuscript exactly as described under Research paper category.

**For research letter:** Prepare the manuscript exactly as described under Research paper category without any subheadings.

**(E). Case Reports:** Clinical cases with unusual presentation of a disease as well as unreported adverse drug reaction cases can be submitted under this category. The authors must be able to provide a statement that the patient described in the case report has given their informed consent for the case report to be published. The case reports should include unstructured abstract, key words, introduction, case report, brief discussion and conclusion with references.

**(F). Letter to the Editor/Correspondence:** Comments on previously published articles in the International Journal of Ayurveda and Pharma Research or are relevant brief reports of preliminary data that can be published if they provide new insights. Letters must have a title.

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Confirmation of acceptance will be given once the author satisfies the comments and comply with the changes suggested. Confirmation about the acceptance of the manuscript will be sent to the Email address of the corresponding author.

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